

# QUARTERLY SUSTAINABILITY REPORT Q1|2022

## DearEmployee: Making work a better place

### MISSION STATEMENT

We aim to significantly decrease burnout in the workforce (Goal 3) by reducing mental health risks in companies (Goal 8). For this purpose, we provide employers with up-to-date knowledge and transparency to create healthy workplaces, using state-of-the-art technology.

### OUR PRIMARY SDG TARGETS



Secondary SDGs include: 5 (Gender Equality), 10 (Reduced Inequalities)



### OUR STRATEGIC GOALS

- Providing companies with need-specific advice and actions to ensure safe work environments (sub-goal 8.8) and decent work conditions for all employees (sub-goal 8.4).
- Securing access to anonymous, low-threshold mental health services for employees from all socio-economic backgrounds (sub-goal 3.8).

### ACHIEVEMENT HIGHLIGHTS

**Reach:**  
people & companies<sup>1</sup>



**Reduction:**  
people at risk for burnout<sup>2</sup>



**Reduction:**  
mental health risks at work<sup>2</sup>



DearEmployee has reached 33K employees. Companies that implemented and evaluated health actions with us significantly reduced burnout risks and the proportion of employees with mental health risks.

### BASELINE NUMBERS



DearEmployee aims to improve the current baseline numbers regarding (1) employee access to mental health hotlines, (2) individuals at risk for burnout and (3) risks for burnout in working conditions.

For more information on current working conditions, please refer to [WORKPLACE INSIGHTS](#).